



# CYA ADULT DINGHY LEARN TO SAIL

*Open to Non-Members*

## **White Sail**

Over four weeks, two nights a week, learn to sail a small responsive boat. The CYA White Sail program consists of three levels that take you through balance, propulsion, and direction of a dinghy sail boat. National Yacht Club is proud to offer this program in our fleet of new 420s, responsive and easy to sail instructional sailboats. There is no other way to learn to sail that is more in tune with the wind. Whether you're a beginner or want to brush up on skills from the past this course will be both challenging and rewarding. Course includes: CYA "Sailing Logbook" and CYA "Basic Sailing Skills" texts.

## **Bronze Sail**

Over four weeks, two nights a week, improve your dinghy sailing and seamanship. The CYA Bronze Sail program consists of two levels that include training in advanced boat handling, sail theory, seamanship, and spinnaker work. National Yacht Club's fleet of new 420s are the ideal training vessels to achieve these advanced dinghy sailing standards. This program is the natural follow-up to the CYA White Sail standards and is an excellent means of developing mastery of dinghy sailing in an enjoyable setting. Course includes: CYA "Advanced Sailing Skills" text.

### COURSE DATES

AD1 - Tuesday & Thursday 6:00 pm to 9:00 pm – June 1, 3, 8, 10, 15, 17, 22 & 24, 2010

AD2 - Tuesday & Thursday 6:00 pm to 9:00 pm – June 29, 30\*, July 6, 8, 13, 15, 20 & 22, 2010

AD3 - Tuesday & Thursday 5:30 pm to 8:30 pm – July 27, 29, August 3, 5, 10, 12, 17 & 19, 2010

**Fee:** \$399.00 plus GST

\*July 1 Canada Day

Students must provide their own approved PFD (Personal Flotation Device) and warm, rainproof clothing.

## PERSONAL INFORMATION

Name: \_\_\_\_\_ Member # \_\_\_\_\_

Address: \_\_\_\_\_ Suite: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone H: \_\_\_\_\_ B: \_\_\_\_\_ C: \_\_\_\_\_

Email: \_\_\_\_\_

White Sail: \_\_\_\_\_ Bronze: \_\_\_\_\_ Session # \_\_\_\_\_

Method of Payment: Visa \ MC \ Cash \ Cheque \ Charge to my Account # \_\_\_\_\_

Cardholder: \_\_\_\_\_ Visa\MC: \_\_\_\_\_ EXP: \_\_\_\_\_

Please Note: All **Non-Members** must pay at time of registration

## PERSON TO CONTACT IN CASE OF AN EMERGENCY

Family Name: \_\_\_\_\_ Given Name: \_\_\_\_\_

Telephone H: \_\_\_\_\_ B: \_\_\_\_\_ C: \_\_\_\_\_

The National Yacht Club 1 Stadium Road Toronto Ontario M5V 3H4  
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