



INTRODUCTION TO KEELBOAT SAILING

The National Yacht Club 1 Stadium Road Toronto, Ontario M5V 3H4
416-260-8686x27 Fax 416-260-8780 www.thenyc.com

If you are a budding new sailor, eager to learn more about keelboat sailing, or if you want to participate in the fun of competitive sailing, or if you are an intermediate or experienced sailor looking for an opportunity to improve your skills, than **this is the course for you.**

For only \$356.00 (plus GST) you will receive an Introductory Crew (separate application form required) membership in the Club **PLUS** a spot in the Introduction to Keelboat Sailing Course. The membership allows you to expand your sailing adventure at the NYC far beyond the boundaries of this course. As a member of the Club, you will have full use of all its facilities, access to the racing and cruising programs plus the use of CREW BANK services for midweek racing and cruising to **IMPROVE YOUR SAILING SKILLS ALL SUMMER LONG!**

THE INTRODUCTION TO KEELBOATS COURSE RUNS FOR 12 NIGHTS OVER 7 WEEKS

COURSE SCHEDULE & OUTLINE

May 6 - June 17, 2010

In Class Sessions 6:30pm to 9:30pm

Dockside/In Class, On Water Cruise and Racing 5:30pm to 9:30pm

Thursday May 6	In class	Monday May 10	Dockside/in class
Thursday May 13	Dockside/in class	Monday May 17	On the water cruise
Thursday May 20	In class session	Monday May 24	On the water cruise
Thursday May 27	In class session	My 31, June 1 or 2	Race Night #1 (pick one)
Thursday June 3	In class session	June 7, 8 or 9	Race Night #2 (pick one)
Thursday June 10	In class session	June 14, 15 or 16	Race Night #3 (pick one)

Thursday June 17 Graduation Night

The beginning of the course is geared to sailors needing an "introduction" or "refresher" on keelboats. It offers three evenings of classroom instruction coupled with friendly and non-intimidating sailing around the islands on Toronto's waterfront.

The rest of the course places an emphasis on helping you become an invaluable member of a racing crew. Instruction includes: knowledge of racing gear, weather, race flags and much more. According to your schedule, as an integral part of this course you will be placed as crew aboard Club Member's keelboats during NYC midweek racing. As well as honing your sailing skills, you will be acquiring racing skills.

Course Fee: \$356.00 (includes Introductory Crew Membership for new members)

OR \$45.00 plus GST for current members.

Text \$15.00 plus GST

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INTRODUCTION TO KEELBOAT SAILING Registration

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This form to be completed in conjunction with a National Yacht Club Membership Application unless you are already a member. In which case please fill out this form only.

PERSONAL INFORMATION

Last Name: _____ First Name: _____
Address: _____ Apt/Suite: _____
City: _____ Province: _____ Postal Code: _____
Residence Phone: _____ Business Phone: _____ Cell: _____

PERSON TO CONTACT IN CASE OF AN EMERGENCY

Family Name: _____ Given Name: _____
Residence Phone: _____ Business Phone: _____ Cell: _____
Relationship: _____

PROGRAM INFORMATION

I am a **capable swimmer** and am able, without a lifejacket to swim 6 lengths of a 25m swimming pool and to tread water for 10 minutes without difficulty.

I am **not a confident swimmer** and recognize that in order to participate in the program. I will be expected to wear a PFD or lifejacket at all times while sailing.

Were you a member of NYC last year? Yes No

I **have** attended the Introduction to Keelboat Racing Course Before. Yes No

PLEASE NOTE: That there is limit to the number of the people who we can accommodate for this course. Book early to avoid disappointment.

FOR OFFICE USE ONLY

Date Received: _____ Applicant Accepted: _____