



# INTRODUCTION TO KEELBOAT SAILING

The National Yacht Club 1 Stadium Road Toronto, Ontario M5V 3H4  
416-260-8686x27 Fax 416-260-8780 [www.thenyc.com](http://www.thenyc.com)

If you are a budding new sailor, eager to learn more about keelboat sailing, or if you want to participate in the fun of competitive sailing, or if you are an intermediate or experienced sailor looking for an opportunity to improve your skills, then **this is the course for you.**

For only \$417.00 (Plus HST) you will receive an Introductory Crew (separate application form required) membership in the Club **PLUS** a spot in the Introduction to Keelboat Sailing Course. The membership allows you to expand your sailing adventure at the NYC far beyond the boundaries of this course. As a member of the Club, you will have full use of all its facilities, access to the racing and cruising programs plus the use of CREW BANK services for midweek racing and cruising to **IMPROVE YOUR SAILING SKILLS ALL SUMMER LONG!**

THE INTRODUCTION TO KEELBOATS COURSE RUNS FOR 12 NIGHTS OVER 7 WEEKS

## COURSE SCHEDULE & OUTLINE

May 10 to June 21, 2012

In Class Sessions 6:30pm to 9:30pm

Dockside/In Class, On Water Cruise and Racing 5:30pm to 9:30pm

Thursday May 10	In class	Monday May 14	Dockside/in class
Thursday May 17	Dockside/in class	Monday May 21	On the water cruise
Thursday May 24	In class session	Monday May 28	On the water cruise
Thursday May 31	In class session	June 4 - Cruise, June 5 or 6 - Race Night (pick one)	
Thursday June 7	In class session	June 11 - Cruise, 12 or 13 - Race Night (pick one)	
Thursday June 14	In class session	June 18 - Cruise, 19 or 20 - Race Night (pick one)	

**Thursday June 21 Graduation Night**

The beginning of the course is geared to sailors needing an "introduction" or "refresher" on keelboats. It offers three evenings of classroom instruction coupled with friendly and non-intimidating sailing around the islands on Toronto's waterfront.

The rest of the course places an emphasis on helping you become an invaluable member of a racing crew. Instruction includes: knowledge of racing gear, weather, race flags and much more. According to your schedule, as an integral part of this course you will be placed as crew aboard Club Member's keelboats during NYC midweek racing. As well as honing your sailing skills, you will be acquiring racing skills.

**Course Fee: \$417.00 plus HST (includes Introductory Crew Membership for new members)  
OR \$50.00 plus HST for current members.**

The National Yacht Club 1 Stadium Road Toronto Ontario M5V 3H4  
Ph: 416-260-8686 x27 F: 416-260-8780 Email: [programs@thenyc.com](mailto:programs@thenyc.com)



# INTRODUCTION TO KEELBOAT SAILING Registration

The National Yacht Club 1 Stadium Road Toronto, Ontario M5V 3H4  
416-260-8686x27 Fax 416-260-8780 [www.thenyc.com](http://www.thenyc.com)

This form to be completed in conjunction with a National Yacht Club Membership Application unless you are already a member. In which case please fill out this form only.

## PERSONAL INFORMATION

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Address: \_\_\_\_\_ Apt/Suite: \_\_\_\_\_  
City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Residence Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

## PERSON TO CONTACT IN CASE OF AN EMERGENCY

Family Name: \_\_\_\_\_ Given Name: \_\_\_\_\_  
Residence Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_ Cell: \_\_\_\_\_  
Relationship: \_\_\_\_\_

## PROGRAM INFORMATION

**I am a capable swimmer** and am able, without a lifejacket to swim 6 lengths of a 25m swimming pool and to tread water for 10 minutes without difficulty. Yes \ No

**I am not a confident swimmer** and recognize that in order to participate in the program. I will be expected to wear a PFD or lifejacket at all times while sailing. Yes \ No

Were you a member of NYC last year? Yes \ No

**I have** attended the Introduction to Keelboat Racing Course Before. Yes \ No

PLEASE NOTE: That there is limit to the number of the people who we can accommodate for this course. Book early to avoid disappointment.

## FOR OFFICE USE ONLY

Date Received: \_\_\_\_\_ Applicant Accepted: \_\_\_\_\_